

## Progression route - Aerial courses

### Introduction to Aerial

|         |        |                  |                  |               |
|---------|--------|------------------|------------------|---------------|
| Silks 1 | Rope 1 | Flying Trapeze 1 | Static Trapeze 1 |               |
| Silks 2 | Rope 2 | Flying Trapeze 2 | Static Trapeze 2 |               |
| Silks 3 | Rope 3 | Flying Trapeze 3 | Static Trapeze 3 | Aerial Hoop 3 |



The disciplines and course structures may vary from term to term.