

Class timetable - Open Training (Wk 18, wk starting 17/11/2025)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 17/11/2025	Creation Studio; GC1; GC2; GC3; GC4			Acro Room; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4 Link Studio			Top Studio	Acro Room CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo GC1; GC2; GC3; GC4 Link Studio		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo Top Studio			
Tuesday 18/11/2025	Acro Room			Acro Room; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Top Studio Link Studio; MS1; MS2; MS3; MS4	Link Studio Top Studio Acro Room	CC4		GC1; GC2; GC3; GC4 Acro Room CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo Link Studio		CC1; CC2; CC3; CC4; CC4 - Trampo (Pole class in CC2) Top Studio Link Studio			
Wed 19/11/2025	Acro Room; MS1; MS2; MS3; MS4; Top Studio	Acro Room		Acro Room; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Top Studio	Acro Room		CC1; CC2; CC2 - C. Pole	GC1; GC2; GC3; GC4 Acro Room CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo MS1; MS2; MS3; MS4 Top Studio		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo Top Studio			
Thursday 20/11/2025	Acro Room Link Studio Top Studio			Acro Room; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Top Studio Link Studio; MS1; MS2; MS3; MS4	CC3; CC4; CC4 - Trampo	Top Studio		Acro Room MS1; MS2; MS3; MS4 CC1; CC2; CC3; CC4; CC4 - Trampo GC1; GC2; GC3; GC4 Link Studio Top Studio	Acro Room	CC1; CC2; CC4; CC4 - Trampo (Pole class in CC2) Top Studio Top Studio Acro Room CC3			

Class timetable - Open Training (Wk 18, wk starting 17/11/2025)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Friday 21/11/2025	Acro Room; Top Studio			Acro Room; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4	Acro Room			MS1; MS2; MS3; MS4		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo			
	Link Studio; MS1; MS2; MS3; MS4			Link Studio; Top Studio				CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo		Link Studio			
								Link Studio		Top Studio			
								Top Studio		Acro Room			
								Acro Room					
Saturday 22/11/2025		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo											
		Link Studio											
		Top Studio											
					MS1; MS2; MS3; MS4								
								Acro Room					
								GC1; GC2; GC3; GC4					
Sunday 23/11/2025		Link Studio; Top Studio											
								CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo					