

Class timetable - Open Training (Wk 25, wk starting 05/01/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 05/01/2026	Acro Room	GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio		Acro Room; GC1; GC3; GC4				Acro Room; GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio		Acro Room; GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio	Link Studio		
Tuesday 06/01/2026	Acro Room; Link Studio	Link Studio		Acro Room; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4	Acro Room	Link Studio	Acro Room MS1; MS2; MS3; MS4	GC1; GC2; GC3; GC4 Acro Room; Link Studio; MS1; MS2; MS3; MS4; Top Studio	GC1; GC2; GC3; GC4	Acro Room; Link Studio	GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio		
Wed 07/01/2026	Acro Room; Link Studio; Top Studio			Acro Room; GC1; GC2; GC3; GC4; Link Studio; Top Studio	Acro Room Link Studio			GC1; GC2; GC3; GC4 Acro Room; Link Studio; MS1; MS2; MS3; MS4; Top Studio	GC1; GC2; GC3; GC4	Top Studio	Acro Room; Link Studio		
Thursday 08/01/2026	Acro Room; Link Studio; Top Studio			Acro Room; GC1; GC2; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Acro Room; GC1; GC2; GC4; Link Studio	Link Studio		Acro Room; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio		Acro Room	Top Studio		

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Friday 09/01/2026	Acro Room; Link Studio; MS1; MS2; MS3; MS4; Top Studio			Acro Room; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4	Link Studio			Acro Room; MS1; MS2; MS3; MS4	Acro Room; MS1; MS2; MS3; MS4	Acro Room; GC1; GC2; GC3; GC4	Acro Room		
								Link Studio; Top Studio		Top Studio			
												Link Studio	
Saturday 10/01/2026		Link Studio						Acro Room; Link Studio					
		Top Studio											
								GC1; GC4					
Sunday 11/01/2026								MS1; MS2; MS3; MS4; Top Studio					