

Class timetable - Open Training (Wk 29, wk starting 02/02/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 02/02/2026	GC1; GC2; GC3; GC4			Acro Room; GC1; GC2; GC3; GC4; Top Studio MS1; MS2; MS3; MS4	MS1; MS2; MS3; MS4			Acro Room; GC1; GC2; GC3; GC4; Top Studio	Top Studio				
Tuesday 03/02/2026	Acro Room; GC1; GC2; GC3; GC4			Acro Room; GC1; GC2; GC3; GC4; Top Studio MS1; MS2; MS3; MS4	MS1; MS2; MS3; MS4; Top Studio	GC1; GC2; GC3; GC4		GC1; GC2; GC3; GC4 Top Studio	Top Studio				
Wed 04/02/2026	Acro Room; MS1; MS2; MS3; MS4; Top Studio			Acro Room; Top Studio GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4	MS1; MS2; MS3; MS4; Top Studio Acro Room			GC1; GC2; GC3; GC4 Acro Room; MS1; MS2; MS3; MS4; Top Studio	Top Studio				
Thursday 05/02/2026	Acro Room; GC1; GC2; GC3; GC4; Top Studio			Acro Room; Top Studio GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4	Acro Room; MS1; MS2; MS3; MS4; Top Studio			Acro Room; GC1; GC2; GC3; GC4 MS1; MS2; MS3; MS4 Top Studio	Acro Room		Top Studio		

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Friday 06/02/2026	Acro Room; MS1; MS2; MS3; MS4; Top Studio			Acro Room; Top Studio	Acro Room			Acro Room; MS1; MS2; MS3; MS4		Top Studio			
				GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4			Top Studio	Top Studio					
Saturday 07/02/2026		Link Studio											
		Top Studio											
					MS1; MS2; MS3; MS4								
							Acro Room; GC1; GC2; GC3; GC4						
Sunday 08/02/2026							MS1; MS2; MS3; MS4; Top Studio						