

Class timetable - Open Training (Wk 26, wk starting 12/01/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
<div>Monday</div> <div>12/01/2026</div>	Acro Room; Link Studio			Acro Room; GC1; GC3; GC4; Link Studio		Top Studio		Acro Room; GC1; GC2; GC3; GC4; Link Studio; Top Studio		Top Studio			
<div>Tuesday</div> <div>13/01/2026</div>	Acro Room; Link Studio	Link Studio		Acro Room; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4 Top Studio	Acro Room	Link Studio		GC1; GC2; GC3; GC4 Link Studio Top Studio		Top Studio Link Studio			
<div>Wed</div> <div>14/01/2026</div>	Acro Room; Link Studio; Top Studio			Acro Room; GC1; GC3; GC4; Link Studio; Top Studio	Link Studio			GC1; GC2; GC3; GC4 Acro Room; Link Studio; MS1; MS2; MS3; MS4; Top Studio		Top Studio			
<div>Thursday</div> <div>15/01/2026</div>	Acro Room; Link Studio; Top Studio			Acro Room; GC1; GC2; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Acro Room; GC1; GC2; GC4; Link Studio		Link Studio	MS1; MS2; MS3; MS4 Acro Room; GC1; GC2; GC3; GC4; Link Studio; Top Studio		Acro Room	Top Studio		

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Friday 16/01/2026	Acro Room; Link Studio; MS1; MS2; MS3; MS4; Top Studio			Acro Room; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4	Link Studio			Acro Room; MS1; MS2; MS3; MS4		Top Studio				
								Link Studio; Top Studio			Acro Room			
												Link Studio		
Saturday 17/01/2026		Link Studio; Top Studio												
								MS1; MS2; MS3; MS4						
Sunday 18/01/2026								MS1; MS2; MS3; MS4; Top Studio						