

Class timetable - Open Training (Wk 27, wk starting 19/01/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 19/01/2026	Acro Room; Link Studio; Top Studio			Acro Room; GC1; GC2; GC3; GC4; Link Studio; Top Studio	Link Studio			Acro Room; GC1; GC2; GC3; GC4; Link Studio; Top Studio		Top Studio			
Tuesday 20/01/2026	Acro Room; Link Studio			Acro Room; GC1; GC2; GC3; GC4; Top Studio	Link Studio			GC1; GC2; GC3; GC4					
				Link Studio		GC1; GC2; GC3; GC4		Link Studio; Top Studio					
Wed 21/01/2026	Acro Room; Link Studio; Top Studio			Acro Room; Top Studio	Link Studio; Top Studio			GC1; GC2; GC3; GC4		Top Studio			
				GC1; GC2; GC3; GC4; Link Studio				Acro Room; Link Studio; Top Studio					
Thursday 22/01/2026	Acro Room; Link Studio; Top Studio			Acro Room; Top Studio	Top Studio			Acro Room	Top Studio		Top Studio		
				Link Studio	Acro Room; Link Studio			GC1; GC2; GC3; GC4; Link Studio					

Class timetable - Open Training (Wk 27, wk starting 19/01/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Friday 23/01/2026	Acro Room; Link Studio; Top Studio			Acro Room; Top Studio	Link Studio; MS1; MS2; MS3; MS4			Acro Room; MS1; MS2; MS3; MS4		Top Studio			
				GC1; GC2; GC3; GC4; Link Studio		Top Studio		Link Studio; Top Studio			Acro Room		
Saturday 24/01/2026		Link Studio; Top Studio											
								MS1; MS2; MS3; MS4					
Sunday 25/01/2026		Top Studio						Top Studio					
		Link Studio											
								CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo					