

Class timetable - Open Training (Wk 27, wk starting 19/01/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 19/01/2026	Acro Room; Link Studio; Top Studio			Acro Room; GC1; GC2; GC3; GC4; Link Studio; Top Studio	Link Studio			Acro Room; GC1; GC2; GC3; GC4; Link Studio; Top Studio		Top Studio			
Tuesday 20/01/2026	Acro Room; Link Studio			Acro Room; GC1; GC2; GC3; GC4; Top Studio	Link Studio	GC1; GC2; GC3; GC4		Link Studio; Top Studio					
Wednesday 21/01/2026	Acro Room; Link Studio; Top Studio			Acro Room; Top Studio	Link Studio; Top Studio	GC1; GC2; GC3; GC4		Acro Room; Link Studio; Top Studio		Top Studio			
Thursday 22/01/2026	Acro Room; Link Studio; Top Studio			Acro Room; Top Studio	Top Studio	Acro Room	Top Studio	GC1; GC2; GC3; GC4; Link Studio		Top Studio			

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Friday 23/01/2026				Acro Room; Link Studio; Top Studio	Acro Room; Top Studio	Link Studio; MS1; MS2; MS3; MS4	Top Studio	Acro Room; MS1; MS2; MS3; MS4	Link Studio; Top Studio	Top Studio	Acro Room		
Saturday 24/01/2026													
Sunday 25/01/2026				Link Studio; Top Studio					MS1; MS2; MS3; MS4				