

Class timetable - Open Training (Wk 28, wk starting 26/01/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 26/01/2026	Acro Room; GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio			Acro Room; GC1; GC2; GC3; GC4; Link Studio; Top Studio MS1; MS2; MS3; MS4	MS1; MS2; MS3; MS4		Top Studio	Acro Room; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio		Top Studio			
Tuesday 27/01/2026	Acro Room			Acro Room; GC1; GC2; GC3; GC4; Top Studio MS1; MS2; MS3; MS4	MS1; MS2; MS3; MS4	GC1; GC2; GC3; GC4		GC1; GC2; GC3; GC4 Top Studio		Top Studio			
Wed 28/01/2026	Acro Room; MS1; MS2; MS3; MS4; Top Studio			Acro Room; Top Studio MS1; MS2; MS3; MS4	Top Studio			GC1; GC2; GC3; GC4 Acro Room; MS1; MS2; MS3; MS4; Top Studio		Top Studio			
Thursday 29/01/2026	Acro Room; GC1; GC2; GC3; GC4; Top Studio			Acro Room; Top Studio GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4	Acro Room; MS1; MS2; MS3; MS4; Top Studio			Acro Room; GC1; GC2; GC3; GC4 MS1; MS2; MS3; MS4; Top Studio		Acro Room Top Studio			

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Friday 30/01/2026	Acro Room; MS1; MS2; MS3; MS4; Top Studio			Acro Room; Top Studio GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4	Acro Room		Top Studio	Acro Room; MS1; MS2; MS3; MS4 Top Studio		Top Studio		Acro Room	
Saturday 31/01/2026		Top Studio			Link Studio			Acro Room; GC1; GC2; GC3; GC4 MS1; MS2; MS3; MS4					
Sunday 01/02/2026		Top Studio											