

Class timetable - Open Training (Wk 28, wk starting 26/01/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 26/01/2026	Acro Room; GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio	Acro Room; GC1; GC2; GC3; GC4; Link Studio; Top Studio	MS1; MS2; MS3; MS4	Top Studio	Acro Room; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio	Top Studio							
Tuesday 27/01/2026	Acro Room	Acro Room; GC1; GC2; GC3; GC4; Top Studio	MS1; MS2; MS3; MS4	GC1; GC2; GC3; GC4	Top Studio	Top Studio							
Wednesday 28/01/2026	Acro Room; MS1; MS2; MS3; MS4; Top Studio	Acro Room; Top Studio	Top Studio	GC1; GC2; GC3; GC4	Acro Room; MS1; MS2; MS3; MS4; Top Studio	Top Studio							
Thursday 29/01/2026	Acro Room; GC1; GC2; GC3; GC4; Top Studio	Acro Room; Top Studio	Acro Room; MS1; MS2; MS3; MS4; Top Studio	Acro Room; GC1; GC2; GC3; GC4	MS1; MS2; MS3; MS4; Top Studio	Acro Room	Top Studio						

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Friday 30/01/2026				Acro Room; MS1; MS2; MS3; MS4; Top Studio	Acro Room; Top Studio	Acro Room		Acro Room; MS1; MS2; MS3; MS4		Top Studio		Acro Room	
Saturday 31/01/2026								Top Studio					
Sunday 01/02/2026								Link Studio	Acro Room; GC1; GC2; GC3; GC4	MS1; MS2; MS3; MS4			