

Class timetable - Open Training (Wk 35, wk starting 16/03/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 16/03/2026	GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4			Acro Room; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Link Studio				Acro Room; GC1; GC2; GC3; GC4; Link Studio		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Top Studio			
	Acro Room; Top Studio							CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo					
Tuesday 17/03/2026	Acro Room			Acro Room; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Top Studio	MS1; MS2; MS3; MS4			GC1; GC2; GC3; GC4		CC1; CC2; CC3; CC4; CC4 - Trampo			
	CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo					Link Studio			CC2 - C. Pole		Top Studio		
								Link Studio					
								CC1; CC2; CC3; CC4; CC4 - Trampo					
Wed 18/03/2026	MS1; MS2; MS3; MS4			Acro Room; GC1; GC2; GC3; GC4; Link Studio; Top Studio	Acro Room; Link Studio			GC1; GC2; GC3; GC4		Top Studio			
	Acro Room; Link Studio; Top Studio							Acro Room; Link Studio; MS1; MS2; MS3; MS4					
								Top Studio					

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Thursday 19/03/2026	Acro Room; Link Studio; Top Studio			Acro Room; GC1; GC2; GC3; Link Studio; MS1; MS2; MS3; MS4; Top Studio				MS1; MS2; MS3; MS4 GC1; GC2; GC3; GC4; Link Studio; Top Studio Acro Room		Acro Room	Top Studio			
Friday 20/03/2026	Acro Room; Link Studio; MS1; MS2; MS3; MS4; Top Studio			Acro Room; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	MS1; MS2; MS3; MS4 Acro Room	Top Studio		Acro Room; MS1; MS2; MS3; MS4 Link Studio; Top Studio		Top Studio	Acro Room			
Saturday 21/03/2026	CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; Top Studio													Acro Room; GC1; GC2; GC3; GC4