

Class timetable - Open Training (Wk 3, wk starting 03/08/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 03/08/2026	GC1						GC1						
	Acro Studio; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio												
	Link Studio												
Tuesday 04/08/2026	Acro Studio; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio												
	Link Studio												
	GC1					GC1							
Wed 05/08/2026	Acro Studio; GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio												
	Link Studio												
Thursday 06/08/2026	Acro Studio; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio												
	Link Studio												
	GC1					GC1							

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Friday 07/08/2026	Acro Studio; GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio												
	Link Studio												
Saturday 08/08/2026		Acro Studio; GC1; GC2; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio											
		Link Studio											