

Class timetable - Open Training (Wk 4, wk starting 10/08/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 10/08/2026	Acro Studio; MS1; MS2; MS3; MS4; Top Studio												
	Link Studio												
Tuesday 11/08/2026	Acro Studio; MS1; MS2; MS3; MS4; Top Studio												
	Link Studio												
Wed 12/08/2026	Acro Studio; MS1; MS2; MS3; MS4; Top Studio												
	Link Studio												
Thursday 13/08/2026	Acro Studio; MS1; MS2; MS3; MS4; Top Studio												
	Link Studio												

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Friday 14/08/2026	Acro Studio; MS1; MS2; MS3; MS4; Top Studio												
	Link Studio												
Saturday 15/08/2026		Acro Studio; GC3; GC4; MS1; MS2; MS3; MS4; Top Studio											
		Link Studio											