

Class timetable - Open Training (Wk 9, wk starting 14/09/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 14/09/2026	Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; MS1; MS2; MS3; MS4; Top Studio			Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; MS1; MS2; MS3; MS4; Top Studio			CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Top Studio Acro Studio; GC1; GC2; GC3; GC4; Link Studio		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Top Studio MS1; MS2; MS3; MS4		Acro Studio	
Tuesday 15/09/2026	Acro Studio; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; MS1; MS2; MS3; MS4; Top Studio		CC1; CC2	Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Acro Studio; MS1; MS2; MS3; MS4 CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo Link Studio; Top Studio			GC1; GC2; GC3; GC4 CC2 - C. Pole; Link Studio CC1; CC2; CC3; CC4; CC4 - Trampo; Top Studio		CC1; CC2; CC3; CC4; CC4 - Trampo; Top Studio Link Studio CC2 - C. Pole			
Wed 16/09/2026	Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; MS1; MS2; MS3; MS4; Top Studio			Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; MS1; MS2; MS3; MS4; Top Studio			GC1; GC2; GC3; GC4 Acro Studio; Link Studio; MS1; MS2; MS3; MS4; Top Studio CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo Top Studio			
Thursday 17/09/2026	CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo Acro Studio; Link Studio; MS1; MS2; MS3; MS4; Top Studio			Acro Studio; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Acro Studio; Link Studio; MS1; MS2; MS3; MS4; Top Studio			GC1; GC2; GC3; GC4 CC2 - C. Pole; Link Studio; Top Studio Acro Studio; CC1; CC2; CC3; CC4; CC4 - Trampo; MS1; MS2; MS3; MS4		Acro Studio CC1; CC2; CC3; CC4; CC4 - Trampo Top Studio			

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Friday 18/09/2026	CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo	Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; MS1; MS2; MS3; MS4; Top Studio			Acro Studio; MS1; MS2; MS3; MS4		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Top Studio			
	Acro Studio; Link Studio; MS1; MS2; MS3; MS4; Top Studio							CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; Top Studio		Link Studio	Acro Studio	MS1; MS2; MS3; MS4	
Saturday 19/09/2026		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; Top Studio	MS1; MS2; MS3; MS4	Acro Studio			Acro Studio						
Sunday 20/09/2026		MS1; MS2; MS3; MS4					CC1; CC2; CC2 - C. Pole; CC3; CC4						
		Link Studio; Top Studio			MS1; MS2; MS3; MS4		MS1; MS2; MS3; MS4						