

Class timetable - Open Training (Wk 14, wk starting 19/10/2026)

	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Monday 19/10/2026	Acro Studio; MS1; MS2; MS3; MS4; Top Studio			Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	MS1; MS2; MS3; MS4; Top Studio			CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Top Studio Acro Studio; GC1; GC2; GC3; GC4; Link Studio		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Top Studio MS1; MS2; MS3; MS4		Link Studio	
Tuesday 20/10/2026	Acro Studio			Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Acro Studio Link Studio; Top Studio			GC1; GC2; GC3; GC4 CC2 - C. Pole; Link Studio CC1; CC2; CC3; CC4; CC4 - Trampo; Top Studio		CC1; CC2; CC3; CC4; CC4 - Trampo; Top Studio Link Studio CC2 - C. Pole Acro Studio			
Wed 21/10/2026	Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; MS1; MS2; MS3; MS4; Top Studio			Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Top Studio Acro Studio			GC1; GC2; GC3; GC4 Acro Studio; Link Studio; MS1; MS2; MS3; MS4; Top Studio CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo Top Studio			
Thursday 22/10/2026	Acro Studio; Link Studio; MS1; MS2; MS3; MS4; Top Studio			Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Acro Studio GC1; GC2; MS1; MS2; MS3; MS4		Top Studio	GC1; GC2; GC3; GC4 Acro Studio; CC1; CC2; CC3; CC4; CC4 - Trampo; MS1; MS2; MS3; MS4 Link Studio CC2 - C. Pole; Top Studio		Acro Studio CC1; CC2; CC3; CC4; CC4 - Trampo Link Studio Top Studio			

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	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Friday 23/10/2026	Acro Studio; GC1; GC2; GC3; GC4; Link Studio; Top Studio			Acro Studio; CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; GC1; GC2; GC3; GC4; Link Studio; MS1; MS2; MS3; MS4; Top Studio	Acro Studio Link Studio			Acro Studio; MS1; MS2; MS3; MS4 CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Link Studio; Top Studio		CC1; CC2; CC2 - C. Pole; CC3; CC4; CC4 - Trampo; Top Studio Link Studio		Acro Studio MS1; MS2; MS3; MS4	